

**2011 Australian Age Championships**  
**Sydney Olympic Park Athletics Centre, Homebush**  
**Draft Timetable as at 21 April 2010**

Time	Event	Age Group	Round
<b>Day One - Thursday 10 March 2011</b>			
6:30 PM	3000 metres	Under 15 Women	FINAL
6:43 PM	3000 metres	Under 16 Women	FINAL
6:45 PM	Javelin Throw	Under 17 Men	FINAL
6:56 PM	3000 metres	Under 15 Men	FINAL
7:09 PM	3000 metres	Under 16 Men	FINAL
7:24 PM	5000 metres	Under 20 Women	FINAL
7:44 PM	5000 metres	Under 20 Men	FINAL
8:00 PM	5000 metres Walk	Under 17 Men	FINAL
8:00 PM	5000 metres Walk	Under 18 Men	FINAL
8:00 PM	Javelin Throw	Under 18 Men	FINAL
8:27 PM	2000 metres Steeplechase	Under 17 Women	FINAL
8:37 PM	2000 metres Steeplechase	Under 18 Women	FINAL
8:47 PM	2000 metres Steeplechase	Under 17 Men	FINAL
8:57 PM	2000 metres Steeplechase	Under 18 Men	FINAL
9:07 PM	5000 metres Walk	Under 17 Women	FINAL
9:07 PM	5000 metres Walk	Under 18 Women	FINAL
<b>Day Two - Friday 11 March 2011</b>			
9:00 AM	Hammer Throw	Under 16 Men	FINAL
9:00 AM	*200 metres	Under 17 Men	1st Round
9:15 AM	*200 metres	Under 18 Men	1st Round
9:30 AM	*200 metres	Under 17 Women	1st Round
9:45 AM	*200 metres	Under 18 Women	1st Round
9:45 AM	110 metres Hurdles	Under 20 Men	1st Round
10:00 AM	110 metres Hurdles	Under 17 Men	1st Round
10:15 AM	Triple Jump	Under 14 Women	FINAL
10:15 AM	Triple Jump	Under 14 Men	FINAL
10:15 AM	Hammer Throw	Under 15 Women	FINAL
10:15 AM	Hammer Throw	Under 16 Women	FINAL
10:15 AM	110 metres Hurdles	Under 18 Men	1st Round
10:30 AM	100 metres Hurdles	Under 20 Women	1st Round
10:45 AM	100 metres Hurdles	Under 17 Women	1st Round
11:00 AM	100 metres Hurdles	Under 18 Women	1st Round
10:30 AM	High Jump (Pit A)	Under 17 Women	FINAL
10:30 AM	High Jump (Pit B)	Under 18 Women	FINAL
11:15 AM	400 metres	Under 20 Women	1st Round
11:30 AM	400 metres	Under 20 Men	1st Round
11:45 AM	Triple Jump	Under 20 Women	FINAL
11:45 AM	Discus Throw	Under 15 Men	FINAL
11:45 AM	400 metres	Under 14 Men	1st Round
12:00 PM	400 metres	Under 14 Women	1st Round
12:20 PM	200 metres	Under 17 Men	Semi Finals
12:30 PM	Discus Throw	Under 17 Women	FINAL
12:35 PM	200 metres	Under 18 Men	Semi Finals
12:50 PM	200 metres	Under 17 Women	Semi Finals
1:05 PM	200 metres	Under 18 Women	Semi Finals
1:20 PM	200 metres Hurdles	Under 15 Men	1st Round
1:30 PM	Triple Jump	Under 20 Men	FINAL
1:35 PM	200 metres Hurdles	Under 16 Men	1st Round
1:45 PM	Discus Throw (WU Track)	Under 14 Women	FINAL

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1:50 PM	200 metres Hurdles	Under 15 Women	1st Round
1:00 PM	Pole Vault (Pit A)	Under 15 Men	FINAL
1:00 PM	Pole Vault (Pit A)	Under 16 Men	FINAL
2:00 PM	Discus Throw	Under 18 Women	FINAL
2:05 PM	200 metres Hurdles	Under 16 Women	1st Round
2:30 PM	800 metres	Under 17 Men	1st Round
2:45 PM	800 metres	Under 18 Men	1st Round
2:45 PM	Discus Throw (WU Track)	Under 14 Men	FINAL
3:00 PM	800 metres	Under 17 Women	1st Round
3:15 PM	800 metres	Under 18 Women	1st Round
3:15 PM	Long Jump	Under 17 Men	FINAL
3:30 PM	Discus Throw	Under 20 Men	FINAL
3:30 PM	400 metres	Under 15 Men	1st Round
3:45 PM	400 metres	Under 16 Men	1st Round
4:00 PM	400 metres	Under 15 Women	1st Round
4:15 PM	400 metres	Under 16 Women	1st Round
4:30 PM	800 metres	Under 14 Men	1st Round
4:45 PM	Long Jump	Under 15 Men	FINAL
4:45 PM	800 metres	Under 14 Women	1st Round
4:55 PM	200 metres	Under 17 Women	FINAL
4:00 PM	Pole Vault (Pit A)	Under 15 Women	FINAL
4:00 PM	Pole Vault (Pit A)	Under 16 Women	FINAL
5:03 PM	200 metres	Under 18 Women	FINAL
5:10 PM	200 metres	Under 17 Men	FINAL
5:15 PM	Discus Throw	Under 20 Women	FINAL
5:17 PM	200 metres	Under 18 Men	FINAL
5:25 PM	3000 metres Walk	Under 15 Men	FINAL
5:25 PM	3000 metres Walk	Under 16 Men	FINAL
5:30 PM	Shot Put	Under 17 Men	FINAL
5:48 PM	4 x 100 metres Relay	Under 16 Men	FINAL
5:55 PM	4 x 100 metres Relay	Under 16 Women	FINAL
6:05 PM	3000 metres Walk	Under 15 Women	FINAL
6:05 PM	3000 metres Walk	Under 16 Women	FINAL
6:30 PM	Long Jump	Under 18 Men	FINAL
6:30 PM	3000 metres	Under 17 Women	FINAL
6:43 PM	3000 metres	Under 18 Women	FINAL
6:58 PM	3000 metres	Under 17 Men	FINAL
7:11 PM	3000 metres	Under 18 Men	FINAL
7:30 PM	*400 metres	Under 20 Men	Semi Finals
7:40 PM	*1500 metres	Under 15 Men	1st Round
	*1500 metres	Under 16 Men	1st Round
	*1500 metres	Under 15 Women	1st Round
	*1500 metres	Under 16 Women	1st Round
	*1500 metres	Under 20 Women	1st Round
	*1500 metres	Under 20 Men	1st Round

**Day Three - Saturday 12 March 2011**

9:00 AM	400 metres Hurdles	Under 20 Women	1st Round
9:15 AM	400 metres Hurdles	Under 20 Men	1st Round
9:15 AM	Triple Jump	Under 18 Men	FINAL
9:15 AM	Javelin Throw	Under 14 Men	FINAL
9:30 AM	Discus Throw (WU Track)	Under 15 Women	FINAL
9:30 PM	400 metres	Under 17 Women	1st Round
9:45 PM	400 metres	Under 18 Women	1st Round
10:00 PM	400 metres	Under 17 Men	1st Round
10:15 PM	400 metres	Under 18 Men	1st Round
10:15 AM	Triple Jump	Under 17 Men	FINAL
10:35 PM	80 metres Hurdles	Under 14 Women	1st Round

## Sheet1

10:45 AM	Hammer Throw	Under 18 Men	FINAL
10:50 PM	90 metres Hurdles	Under 14 Men	1st Round
11:00 AM	High Jump (Pit A)	Under 15 Men	FINAL
11:00 AM	High Jump (Pit B)	Under 16 Men	FINAL
11:00 AM	Shot Put	Under 20 Men	FINAL
11:05 PM	90 metres Hurdles	Under 15 Women	1st Round
11:20 PM	90 metres Hurdles	Under 16 Women	1st Round
11:40 PM	100 metres Hurdles	Under 15 Men	1st Round
11:45 AM	Javelin Throw	Under 17 Women	FINAL
11:55 PM	100 metres Hurdles	Under 16 Men	1st Round
12:00 PM	Long Jump	Under 18 Women	FINAL
12:15 PM	1500 metres	Under 15 Women	FINAL
12:24 PM	1500 metres	Under 16 Women	FINAL
12:30 PM	Shot Put	Under 15 Men	FINAL
12:34 PM	1500 metres	Under 15 Men	FINAL
12:43 PM	1500 metres	Under 16 Men	FINAL
1:00 PM	110 metres Hurdles	Under 20 Men	FINAL
1:10 PM	110 metres Hurdles	Under 17 Men	FINAL
1:15 PM	Hammer Throw	Under 17 Men	FINAL
1:17 PM	110 metres Hurdles	Under 18 Men	FINAL
1:27 PM	100 metres Hurdles	Under 20 Women	FINAL
1:37 PM	100 metres Hurdles	Under 17 Women	FINAL
1:45 PM	100 metres Hurdles	Under 18 Women	FINAL
1:52 PM	100 metres Hurdles	Under 15 Men	FINAL
2:00 PM	100 metres Hurdles	Under 16 Men	FINAL
2:00 PM	Pole Vault (Pit A)	Under 20 Women	FINAL
2:00 PM	Pole Vault (Pit B)	Under 20 Men	FINAL
2:00 PM	Shot Put	Under 16 Men	FINAL
2:10 PM	90 metres Hurdles	Under 15 Women	FINAL
2:17 PM	90 metres Hurdles	Under 16 Women	FINAL
2:25 PM	90 metres Hurdles	Under 14 Men	FINAL
2:30 PM	Long Jump	Under 17 Women	FINAL
2:30 PM	Javelin Throw	Under 18 Women	FINAL
2:35 PM	80 metres Hurdles	Under 14 Women	FINAL
2:45 PM	1500 metres	Under 20 Men	FINAL
2:53 PM	1500 metres	Under 20 Women	FINAL
3:05 PM	400 metres	Under 15 Women	FINAL
3:12 PM	400 metres	Under 16 Women	FINAL
3:20 PM	400 metres	Under 15 Men	FINAL
3:27 PM	400 metres	Under 16 Men	FINAL
3:35 PM	400 metres	Under 20 Women	FINAL
3:42 PM	400 metres	Under 20 Men	FINAL
3:45 PM	Javelin Throw	Under 14 Women	FINAL
3:50 PM	800 metres	Under 17 Women	FINAL
3:57 PM	800 metres	Under 18 Women	FINAL
4:05 PM	800 metres	Under 17 Men	FINAL
4:12 PM	800 metres	Under 18 Men	FINAL
4:15 PM	Long Jump	Under 14 Women	FINAL
4:20 PM	800 metres	Under 14 Women	FINAL
4:27 PM	800 metres	Under 14 Men	FINAL
4:35 PM	3000 metres Walk	Under 14 Men	FINAL
4:55 PM	4 x 100 metres Relay	Under 18 Women	FINAL
5:00 PM	High Jump (Pit A)	Under 15 Women	FINAL
5:00 PM	High Jump (Pit B)	Under 16 Women	FINAL
5:03 PM	4 x 100 metres Relay	Under 18 Men	FINAL
5:10 PM	4 x 100 metres Relay	Under 14 Men	FINAL
5:15 PM	Javelin Throw	Under 20 Women	FINAL
5:17 PM	4 x 100 metres Relay	Under 14 Women	FINAL

## Sheet1

5:25 PM	3000 metres Walk	Under 14 Women	FINAL
5:40 PM	Long Jump	Under 14 Men	FINAL
5:55 PM	400 metres Hurdles	Under 17 Women	1st Round
6:10 PM	400 metres Hurdles	Under 18 Women	1st Round
6:25 PM	400 metres Hurdles	Under 17 Men	1st Round
6:30 PM	Discus Throw	Under 16 Women	FINAL
6:40 PM	400 metres Hurdles	Under 18 Men	1st Round
6:55 PM	10000 metres Walk	Under 20 Women	FINAL
6:55 PM	10000 metres Walk	Under 20 Men	FINAL
7:55 PM	*200 metres	Under 15 Women	1st Round
	*200 metres	Under 16 Women	1st Round
	*200 metres	Under 15 Men	1st Round
	*200 metres	Under 16 Men	1st Round

**Day Four - Sunday 13 March 2011**

9:00 AM	Hammer Throw	Under 20 Men	FINAL
9:00 AM	100 metres	Under 20 Men	1st Round
9:20 AM	200 metres	Under 15 Women	Semi Finals
9:35 AM	200 metres	Under 16 Women	Semi Finals
9:30 AM	Triple Jump	Under 15 Men	FINAL
9:50 AM	200 metres	Under 15 Men	Semi Finals
10:00 AM	Shot Put	Under 14 Men	FINAL
10:05 AM	200 metres	Under 16 Men	Semi Finals
10:15 AM	Hammer Throw	Under 20 Women	FINAL
10:20 AM	100 metres	Under 20 Women	1st Round
10:00 AM	High Jump (Pit A)	Under 17 Men	FINAL
10:00 AM	High Jump (Pit B)	Under 18 Men	FINAL
10:40 AM	100 metres	Under 14 Women	1st Round
10:55 AM	100 metres	Under 14 Men	1st Round
11:00 AM	Triple Jump	Under 16 Men	FINAL
11:00 AM	Shot Put	Under 14 Women	FINAL
11:10 AM	100 metres	Under 17 Men	1st Round
11:25 AM	100 metres	Under 18 Men	1st Round
11:30 AM	Hammer Throw	Under 15 Men	FINAL
11:40 AM	100 metres	Under 17 Women	1st Round
11:55 AM	100 metres	Under 18 Women	1st Round
12:05 PM	*100 metres	Under 20 Men	Semi Finals
12:20 PM	800 metres	Under 20 Women	1st Round
12:30 PM	Pole Vault (Pit A)	Under 14 Women	FINAL
12:30 PM	Pole Vault (Pit B)	Under 14 Men	FINAL
12:30 PM	Shot Put	Under 17 Women	FINAL
12:35 PM	800 metres	Under 20 Men	1st Round
12:45 PM	Javelin Throw	Under 15 Women	FINAL
12:50 PM	800 metres	Under 15 Men	1st Round
1:05 PM	800 metres	Under 16 Men	1st Round
1:20 PM	800 metres	Under 15 Women	1st Round
1:30 PM	Long Jump	Under 15 Women	FINAL
1:35 PM	800 metres	Under 16 Women	1st Round
1:55 PM	100 metres	Under 14 Women	FINAL
2:00 PM	Shot Put	Under 18 Women	FINAL
2:00 PM	Javelin Throw	Under 16 Women	FINAL
2:03 PM	100 metres	Under 14 Men	FINAL
2:10 PM	100 metres	Under 17 Men	FINAL
2:17 PM	100 metres	Under 18 Men	FINAL
2:25 PM	100 metres	Under 17 Women	FINAL
2:33 PM	100 metres	Under 18 Women	FINAL
2:40 PM	100 metres	Under 20 Women	FINAL
2:48 PM	100 metres	Under 20 Men	FINAL

Sheet1

3:00 PM	200 metres	Under 15 Women	FINAL
3:00 PM	Pole Vault (Pit A)	Under 17 Women	FINAL
3:00 PM	Pole Vault (Pit B)	Under 18 Women	FINAL
3:00 PM	Long Jump	Under 20 Men	FINAL
3:08 PM	200 metres	Under 16 Women	FINAL
3:15 PM	200 metres	Under 15 Men	FINAL
3:15 PM	Discus Throw	Under 17 Men	FINAL
3:22 PM	200 metres	Under 16 Men	FINAL
3:32 PM	400 metres Hurdles	Under 20 Women	FINAL
3:42 PM	400 metres Hurdles	Under 20 Men	FINAL
3:52 PM	400 metres	Under 14 Men	FINAL
4:00 PM	400 metres	Under 14 Women	FINAL
4:10 PM	4 x 100 metres Relay	Under 20 Women	FINAL
4:18 PM	4 x 100 metres Relay	Under 20 Men	FINAL
4:25 PM	400 metres	Under 17 Men	FINAL
4:30 PM	Long Jump	Under 20 Women	FINAL
4:30 PM	Discus Throw	Under 18 Men	FINAL
4:33 PM	400 metres	Under 18 Men	FINAL
4:40 PM	400 metres	Under 17 Women	FINAL
4:47 PM	400 metres	Under 18 Women	FINAL
4:57 PM	200 metres Hurdles	Under 15 Women	FINAL
5:05 PM	200 metres Hurdles	Under 16 Women	FINAL
5:13 PM	200 metres Hurdles	Under 15 Men	FINAL
5:20 PM	200 metres Hurdles	Under 16 Men	FINAL
5:30 PM	3000 metres Steeplechase	Under 20 Men	FINAL
5:45 PM	3000 metres Steeplechase	Under 20 Women	FINAL
6:00 PM	Long Jump	Under 16 Women	FINAL
6:00 PM	Discus Throw	Under 16 Men	FINAL
6:00 PM	2000 metres Steeplechase	Under 15 Men	FINAL
6:12 PM	2000 metres Steeplechase	Under 16 Men	FINAL
6:24 PM	2000 metres Steeplechase	Under 15 Women	FINAL
6:36 PM	2000 metres Steeplechase	Under 16 Women	FINAL
6:50 PM	*1500 metres	Under 17 Men	1st Round
	*1500 metres	Under 18 Men	1st Round
	*1500 metres	Under 17 Women	1st Round
	*1500 metres	Under 18 Women	1st Round
7:10 PM	*200 metres	Under 20 Men	1st Round
	*200 metres	Under 20 Women	1st Round
	*200 metres	Under 14 Men	1st Round
	*200 metres	Under 14 Women	1st Round

**Day Five - Monday 14 March 2011**

9:00 AM	Triple Jump	Under 15 Women	FINAL
9:00 AM	Triple Jump	Under 16 Women	FINAL
9:00 AM	Hammer Throw	Under 17 Women	FINAL
9:00 AM	200 metres	Under 20 Men	Semi Finals
9:15 AM	200 metres	Under 20 Women	Semi Finals
9:30 AM	High Jump (Pit A)	Under 14 Men	FINAL
9:30 AM	High Jump (Pit B)	Under 14 Women	FINAL
9:30 AM	200 metres	Under 14 Men	Semi Finals
9:45 AM	200 metres	Under 14 Women	Semi Finals
10:05 AM	100 metres	Under 15 Men	1st Round
10:15 AM	Hammer Throw	Under 18 Women	FINAL
10:20 AM	100 metres	Under 16 Men	1st Round
10:30 AM	Triple Jump	Under 17 Women	FINAL
10:35 AM	100 metres	Under 15 Women	1st Round
10:35 AM	Shot Put	Under 20 Women	FINAL
10:50 AM	100 metres	Under 16 Women	1st Round

Sheet1

11:00 AM	800 metres	Under 15 Men	FINAL
11:07 AM	800 metres	Under 16 Men	FINAL
11:15 AM	800 metres	Under 15 Women	FINAL
11:22 AM	800 metres	Under 16 Women	FINAL
11:30 AM	800 metres	Under 20 Women	FINAL
11:30 AM	Pole Vault (Pit A)	Under 17 Men	FINAL
11:30 AM	Pole Vault (Pit B)	Under 18 Men	FINAL
11:38 AM	800 metres	Under 20 Men	FINAL
11:45 AM	Shot Put	Under 18 Men	FINAL
11:45 AM	Javelin Throw	Under 16 Men	FINAL
11:58 AM	400 metres Hurdles	Under 17 Men	FINAL
12:00 PM	Triple Jump	Under 18 Women	FINAL
12:05 PM	400 metres Hurdles	Under 18 Men	FINAL
12:15 PM	400 metres Hurdles	Under 17 Women	FINAL
12:22 PM	400 metres Hurdles	Under 18 Women	FINAL
12:32 PM	1500 metres	Under 14 Men	FINAL
12:42 PM	1500 metres	Under 14 Women	FINAL
12:55 PM	100 metres	Under 16 Men	FINAL
1:00 PM	Shot Put	Under 15 Women	FINAL
1:00 PM	Javelin Throw	Under 15 Men	FINAL
1:03 PM	100 metres	Under 15 Men	FINAL
1:10 PM	100 metres	Under 16 Women	FINAL
1:17 PM	100 metres	Under 15 Women	FINAL
1:30 PM	Long Jump	Under 16 Men	FINAL
1:30 PM	200 metres	Under 20 Women	FINAL
1:38 PM	200 metres	Under 20 Men	FINAL
1:45 PM	200 metres	Under 14 Men	FINAL
1:53 PM	200 metres	Under 14 Women	FINAL
2:00 PM	High Jump (Pit A)	Under 20 Men	FINAL
2:00 PM	High Jump (Pit B)	Under 20 Women	FINAL
2:00 PM	1500 metres	Under 17 Men	FINAL
2:10 PM	1500 metres	Under 18 Men	FINAL
2:15 PM	Shot Put	Under 16 Women	FINAL
2:15 PM	Javelin Throw	Under 20 Men	FINAL
2:20 PM	1500 metres	Under 17 Women	FINAL
2:30 PM	1500 metres	Under 18 Women	FINAL
2:42 PM	4 x 200 metres Relay	Under 16 Men	FINAL
2:50 PM	4 x 200 metres Relay	Under 16 Women	FINAL
3:00 PM	4 x 400 metres Relay	Under 18 Men	FINAL
3:08 PM	4 x 400 metres Relay	Under 18 Women	FINAL
3:15 PM	4 x 400 metres Relay	Under 20 Men	FINAL
3:20 PM	4 x 400 metres Relay	Under 20 Women	FINAL

NOTE \* indicates which round will be removed if three rounds are not required



**AUSTRALIAN JUNIOR ATHLETICS CHAMPIONSHIPS  
SYDNEY OLYMPIC PARK ATHLETIC CENTRE  
10 - 14 MARCH 2011**

**TECHNICAL REGULATIONS**

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**TEAM MANAGERS AND ATHLETES ARE REQUESTED TO READ THE FOLLOWING VERY CAREFULLY**

The Championships will be conducted according to the rules of the IAAF and Athletics Australia.

**1. UNIFORMS:**

All athletes entered in the Australian Junior Championships must wear their correct Member Association uniform.

**2. ATHLETE BIBS:**

- Athlete bibs will be given to Team Managers, who will be responsible for issuing to all athletes under their control.
- The athlete bibs issued to competitors for these Championships must be worn on the front and back (except pole vault and high jump) of the competitor's uniform firmly attached with not less than four (4) pins, so the entire number and sponsorship information can be easily read.
- No part of the number shall be folded under the uniform.
- *ATHLETICS AUSTRALIA WILL ENFORCE IAAF RULE 143.8, WHICH RENDERS AN ATHLETE LIABLE TO DISQUALIFICATION IF S/HE TAMPERS IN ANY WAY WITH THE COMPETITION NUMBER.*
- Side numbers will be provided by an official either in the Call Room or at the start for events requiring them.

**3. ENTRY PASSES:**

- Entry Passes for the Championships will be given to Team Managers. If an athlete does not have an entry pass s/he will be required to pay the admission fee.
- NO EXCUSES WILL BE ACCEPTED.
- Entry passes are NOT transferable.

**4. ADDITIONAL HEATS/ELIMINATION ROUNDS:**

If additional heats or elimination rounds are required (other than those already scheduled), all entrants for that event will be notified through their Team Manager.

**5. CONFIRMATION OF ENTRIES:**

All athletes are deemed to be confirmed. Team Managers are encouraged to make any scratchings as soon as possible. This should be done by the Team Manager in the Administration Room, which will be located in the ground floor of the building at the finish line, not later than **one hour (90 minutes for pole vault)** before the scheduled starting time of each event. After close of confirmation for each event, heat allocations and lane draws will be conducted for those events. Draws for all events will be posted on notice boards as soon as they become available.

**6. SCRATCHINGS:**

If an athlete fails to scratch from an event after confirmation or does not compete in all rounds of an event for which s/he has qualified, s/he may not be permitted to compete in subsequent events in the championships, including relays (IAAF Rule 142.4).

## 7. CALL ROOM PROCEDURES:

- All athletes are required to report to the Call Room prior to their event.
- In the Call Room athletes will be expected to demonstrate that their competition uniform, numbers, shoes and other equipment comply with the competition rules.

Athletes will proceed to the start of their event from the Call Room **ACCOMPANIED BY A CALL ROOM OFFICIAL**. Athletes who proceed to the event not accompanied by an official may not be allowed to start.

The **closing call entry times** at the Call Room are:

- Pole Vault 70 minutes
- High Jump, Discus, Hammer, Javelin 50 minutes
- Shot Put, Long & Triple Jump 40 minutes
- Hurdles & Relays 30 minutes
- Track Events 25 minutes

This time allows for marshalling and movements to the competition site. The remainder of the time may be used to complete the warm-up at the competition site (under the supervision of the officials), when the competition site is not in use.

If an athlete is already or likely to be competing in another event at the designated marshalling time, the Team Manager must notify the Call Room of this prior to the designated marshalling time.

## 8. START RULE DISPENSATION:

IAAF Competition Rule 162: Rules: 162.6 & 162.7 “Any competition (or part thereof) conducted exclusively for athletes competing in the under 16 age group and younger; only one false start per race shall be allowed without disqualification of the athlete making the false start. Any athlete(s) making further false starts shall be disqualified from the race. Where an athlete eligible for such an age group competes in an older age group, he/she will be subject to the rules as applied to the older age group.

The effect of this dispensation for these Championships is that:

- (a) for the Under 17, Under 18 and Under 20 events, the new IAAF Rule will be applied, subject to the Australian Starting Guidelines (a copy of which is available on the AA web-site); and
- (b) for the Under 14, Under 15 and Under 16 events, the above dispensation will be applied.

## 9. PROGRESSION TO FINALS (TRACK):

Rules for progression and qualifying rounds are as follows. These are the numbers of athletes checked-in and over-ride the IAAF Rules, and remain subject to changes directed by the Competition Director of Athletics Australia.

- |                                |             |                        |
|--------------------------------|-------------|------------------------|
| • 100**/200/400 metres/Hurdles | **1-9       | Final only             |
| Over 9                         |             | Two rounds only        |
| • 800**                        | 1-10        | Final only             |
| Over 10                        |             | Two rounds only        |
| • <b>1500 metres**</b>         | <b>1-15</b> | <b>Final only</b>      |
| <b>Over 15</b>                 |             | <b>Two rounds only</b> |
| • 3/5000 metres & Steeple      |             | Final only #           |
| • Walks                        |             | Final only             |

\*\* In the case of straight events, up to 10 athletes, for 800m up to 12 athletes, and for 1500m up to 15 athletes may be included in some heats or finals to eliminate unnecessary rounds. If more than 30 confirmations are received for 100m or straight hurdles, and more than 24 confirmations for the 200m or 400m or 200m / 400m hurdles events, additional rounds may be programmed.

# May be conducted in two divisions, if necessary.

### Progressions:

For events up to 800 metres:

- 6 heats: First 2 per heat plus next 4 fastest to semi finals
- 5 heats: First 2 per heat plus next 6 fastest to semi finals
- 4 heats: First 3 per heat plus next 4 fastest to semi finals
- 3 heats: First 2 per heat plus next 2 fastest to final
- 2 heats: First 3 per heat plus next 2 fastest to final

For events of 1500 metres:

- 2 heats: First 4 per heat plus next 4 fastest to final

Where it is decided that semi finals shall be conducted, adjustments to the above progressions may be made and notified either at the Technical Meeting, or as soon as practicable thereafter.

The 'next fastest' will be decided on times. If the times are equal, then the highest placing in the round will determine who will progress to the next round, unless there is more available space in the final for all athletes involved in the tie. If a tie still remains, times will be read to .001 seconds. Any remaining tie will be resolved by a draw by lot.

Reserves will not be placed in finals where a withdrawal occurs.

Where the number of entrants for a track event is such as to require the running of heats, the names of all competitors shall be listed in the program. The draw shall be made one hour before the advertised starting time of the event. Where all scheduled rounds of a competition are not required then the first round shall be cancelled, unless otherwise advised at the Technical Meeting.

### 10. FIELD EVENTS

In throwing events and the horizontal jumps in the **U14, U15, U16 and U17** age groups, all athletes will have three (3) trials. At the conclusion of the **3 trials**, the best 8 athletes will have **one (1)** further trial.

In the **U18 and U20** age groups, all athletes will have three (3) trials and the best eight (8) thereafter, will have a further three (3) trials.

### 11. STARTING HEIGHTS:

The following starting heights will apply.

	<u>Pole Vault</u>	<u>High Jump</u>
Under 14 (Men)	1.80	1.40
Under 14 (Women)	1.70	1.35
Under 15 (Men)	1.90	1.60
Under 15 (Women)	1.90	1.40
Under 16 (Men)	2.10	1.60
Under 16 (Women)	2.00	1.40
Under 17 (Men)	2.60	1.65
Under 17 (Women)	2.10	1.45
Under 18 (Men)	2.80	1.70
Under 18 (Women)	2.30	1.45
Under 20 (Men)	3.30	1.80
Under 20 (Women)	2.80	1.50

Progressions will be determined at the Technical Meeting

## 12. TRIPLE JUMP:

The following boards will be used in the Triple Jump:

<u>Age group</u>	<u>Board</u>
Under 14 (Men)	9/11m
Under 14 (Women)	9/11m
Under 15 (Men)	11m
Under 15 (Women)	9/11m
Under 16 (Men)	11m
Under 16 (Women)	9/11m
Under 17 (Men)	11/13m
Under 17 (Women)	9/11m
Under 18 (Men)	11/13m
Under 18 (Women)	9/11m
Under 20 (Men)	11/13m
Under 20 (Women)	9/11m

## 13. POLE VAULT RULE DISPENSATION:

AA Competition Rule 20.2.27: Rule 183.2 (a) – For the under 18 age group and lower for women and the under 16 age group and lower for men, this rule, at the discretion of the Chief Judge of the event, may not be applied to a particular trial, where in the opinion of the Chief Judge, a competitor made a reasonable attempt to push the pole back in the direction of the runway, but the wind then caused the bar to be dislodged by the pole.

This dispensation shall apply for the relevant age groups at all meetings held in Australia.

## 14. VERTICAL JUMPS

IAAF Rules 181.8(d) and 181.9 – in these Championships in the normal course of events, jump-offs for first place in vertical jumps will be conducted. The Technical Delegate may only act under Rule 181.8(d) if the prevailing weather or light conditions justify the termination of the competition at that point.

## 15. PRIVATE IMPLEMENTS:

Athletes who wish to use their own throwing implements during the championships MUST lodge them with the Technical Manager at the Technical/Equipment Room located at the start line end of the track **no later than three hours** before the scheduled starting time of that particular event on the day of competition or on a previous day. The implements will be impounded until after the event or events for which they are submitted at which time athletes may collect them from the Technical/Equipment Room.

Athletes are expected to provide their own vaulting poles. The Organising Committee will not provide vaulting poles. Poles must also be lodged at the Technical/Equipment Room.

## 16. STARTING BLOCKS:

Starting blocks must be used for all events up to and including 400m and only those supplied by the Organising Committee may be used. Private blocks will not be permitted.

## 17. SPIKES:

Spikes permitted at Sydney Olympic Park Athletic Centre are as follows:

<u>Events</u>	<u>Maximum</u>	<u>Type</u>
Track events	7mm	pyramid or needle
Long & Triple Jumps	7mm	pyramid or needle
High Jump & Javelin	12mm for heel	pyramid or needle

## 18. RELAY CONFIRMATION FORMS:

- The Team Manager must complete relay confirmation forms. These forms must list the members of the relay team in running order and must be handed in at the Administration Room at least **two hours** prior to the start of the event.

- Any changes to the original running order after declarations close, must be supported by a medical certificate from the appointed Medical Officer (IAAF Rule 170.18).
- If changes are made to the running order prior to the start of the event, then they **MUST** be made on a new form.
- A form that has scratching-out/changes on it will not be accepted.

#### **19. MEDAL PRESENTATIONS:**

- Medals will be presented as soon as possible after the final of each event.
- All placegetters are asked to assist with this procedure by going with an official at the completion of the event.
- Each athlete must wear either their competition singlet or tracksuit top for the victory ceremony.
- Team Managers are requested to assist in ensuring athletes are readily available and are correctly dressed.

#### **20. PROTESTS:**

- All protests must be lodged initially with the Referee as per IAAF Rules.
- Appeals to the Jury are to be made in writing on the appropriate Appeal Form and lodged with the \$20 fee.
- Appeals can be made by either the athlete or the Team Manager and should be lodged in the Administration Room where forms will be available.
- At these Championships an approved team official may be present to assist an athlete whenever an athlete is being addressed or questioned by a Referee or the Jury of Appeal.

#### **21. EXIT FROM THE FIELD OF PLAY:**

All athletes must exit the Field of Play through the Post Event Control area, which is located near the finish line. Officials will direct athletes to this area. **Athletes MUST NOT exit the Field of Play other than through this area.**

#### **22. TECHNICAL (TEAM MANAGERS) MEETING:**

The Technical Meeting will be held at the Sydney Olympic Park Athletic Centre on **Thursday 10th March commencing at 3.30pm** – Can all questions for the Technical Meeting be submitted via email to [clare.burton@athletics.org.au](mailto:clare.burton@athletics.org.au) before 5pm to Tuesday 8<sup>th</sup> March

#### **23. TEAM ARRIVALS:**

Team Managers are asked to advise Athletics Australia: email: [clare.burton@athletics.org.au](mailto:clare.burton@athletics.org.au), phone: 03 9820 3511 or fax: 03 9820 3544 of team arrival times, hotel accommodation and mobile phone contact details as soon as possible.

# Australian Junior Athletics Championships

## U14 to U20

Sydney Olympic Park

10 to 14 March 2011

### Entry Rules – Member Associations

The entry rules are GUIDELINES for use by each Member Association. Each Member Association will be the sole selector of their team; no entries will be taken directly by Athletics Australia (other than international entries).

As there are significant differences in competition structures, transition strategies and cross-organisational relationships in each state or territory, Athletics Australia has created flexibility into these selection guidelines specifically to support local priorities.

A Member Association **must not** select athletes that fall outside the qualification guide lines, however they **may choose not to select** individuals or to impose additional requirements on athlete in order to best support local objectives.

Some examples:

A Member Association must not select an athlete that has not met the requirements of either rule (1) Entry via Achieving Entry Standard or by rule (2) Entry via Place at Championships.

A Member Association may choose to not select an athlete who has qualified via place (on the grounds that the athlete is currently well below an appropriate standard)

A Member Association may chose to impose additional qualification requirements.

### Entry Guidelines – Australian Junior Athletics Championships 2011

Rule (1) Entry via Achieving Entry Standard

- a. Any athlete who achieves the entry standard (s) as set out in the Athletics Australia Entry Standards Document (Appendix 1) within the qualifying period is automatically qualified for the Championships.
- b. An athlete must achieve the standard with the correct implement or hurdle height.
- c. Performances can be achieved at a wide range of events, including those organised by State Associations, athletics clubs and school sport competitions. We will also allow for the U14 age group performances

from designated Little Athletics competitions (details in Appendix 2) or primary school sport competitions at regional or state championships level.

- d. A Member Association must select the competitions at which an entry standard may be achieved. A list of recognised competitions should be available on each Member Association website.
- e. Hand times, with appropriate correction (details included with entry standards,) are accepted. Wind readings may be up to 4 m/s.
- f. Beam (or Gate) times are considered hand times

### **Rule (2) Entry via Place at Championships**

- g. Any athlete who places in the first three at a State Championships is automatically qualified for the National Championships. This can be at either the State All Schools Championships held before Christmas or at the State Championships conducted by Member Associations post Christmas.
  - h. In the application of this rule it will apply to the first 3 athletes from the home state.
  - i. For All Schools the home state will be defined by the school attended.
  - j. For State Championships the home state will be defined by the first claim registration status of the athlete.
  - k. In the case of the All Schools (pre Christmas) athletes will automatically qualify up; that is to say the first three in the 2010 State All Schools U15 100 metres would be qualified for the 2010 U16 100 metres. For athletes in events where the implement weight or hurdle height changes post 1 January, the "Entry by Place" rule still applies.
2. Athletes must be registered members of a Member Association of Athletics Australia before entry into the event.
  3. All athletes must have competed at least once in a competition sanctioned and conducted by a Member Association. (As selectors Member Association may apply discretion to this rule – based on injury, illness or geographical isolation A list of qualifying competitions available for athletes will be made available by State Associations on their web site.
  4. All athletes will be representing their State or Territory and only attend via Member Association state teams. Entries will be taken via Member Associations, including the U20 age group. No Australian athlete will be accepted directly by Athletics Australia.
  5. The Member Associations are the team selectors and may, at their discretion and after due consultation with Athletics Australia, impose additional criteria if required to support local strategies.
  6. Athletes may only enter events in a maximum of two age groups. No athlete may enter the same or similar events within (U15 and U16) or (U17 and U18)
  7. No U14 athlete will be accepted into any Hammer Throw event.

**Athletics Australia  
Memorandum**

**To:** Member Associations, Athletics New Zealand, Oceania Athletics  
**From:** David Gynther, Competitions Manager, Athletics Australia  
**Re:** Entry Procedures for Australian Junior Athletics Championships,  
Sydney Olympic Park, March 10–14, 2011  
**Date:** 8 February, 2011

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Member Associations of Athletics Australia and National Athletic Federations recognised by the IAAF are invited to enter teams in the 2011 Junior Athletics Championships, to be held at Sydney Olympic Park, from March 10<sup>th</sup> till 14<sup>th</sup>, 2011.

**PLEASE PROVIDE A COPY OF THIS MEMO TO THE PERSON RESPONSIBLE FOR YOUR TEAM ENTRIES.**

Please find attached the **draft** timetable for the championships (It is also available on the Athletics Australia website). This timetable can be provided to all interested parties as the working version, which is subject to changes required due to entry numbers. Should any qualifying rounds be required for field events, they may be held on day Thursday 10 March or Friday 11 March. However, the more likely solution where large entries are received in field events is to conduct, where possible, two simultaneous pools.

The final timetable will be prepared after the receipt of entries. Once received, please ensure that the **final** timetable is distributed to your team management for the championships. The final timetable will also be published on the Athletics Australia website: [www.athletics.com.au](http://www.athletics.com.au).

**1. ENTRIES**

- a. **Entries will close at Athletics Australia on 21 February.**
- b. **Entry Fee:** In 2011 the entry fee will be \$20 (includes GST) per athlete per event. **NOTE: The cost of entry includes a complimentary program for each competing athlete.**
- c. **Late Entries:** Late entries can be submitted after 21 February, but no later than 1 March. Athletes entering via late entries will not have guaranteed acceptance into the field, and will not be printed in the official program.

**For late entries to be considered, athletes must have achieved the entry standard.**

Late entries MUST provide the following information: first name, surname, team, date of birth **\*\*(mm/dd/yyyy)\*\***, age group, event and qualifying performance. Late entries that do not provide this information cannot be processed.

**Late Entry Fees:** All entries received after midnight 21 February 2011 will be subject to a double entry fee of \$40 (includes GST) per athlete per event.

- d. **Submission of Entries:** Entries may only be submitted by Member Associations or in the case of overseas athletes by National Federations of other countries or organisations approved by them. All overseas athletes must have met the entry standards. NO individual entries will be accepted.
- e. **Entries Via Meet Manager:** Entries from Member Associations and Federations should be made via Meet Manager. Athletics Australia will send each Member Association and National Federation via email, the 2011 Australian Junior Athletics Championship Meet Manager file.

Associations and Federations will be required to enter all athlete details, including athlete's name, date of birth, events in which athletes are to be entered and their qualifying performance. Note: for 2011 you are required to enter your state/territory (eg. NSW, TAS, ACT) into the "team code" field of Meet Manager.

## f. State Relays

All states/territories/federations will be entered in every relay by Athletics Australia. Withdrawal of teams from a relay will be completed by the Team Manager at the Technical Meeting. States/territories/federations will not be required to confirm their athletes in each relay team until the day of the event.

Any athlete chosen in his/her states/territories/federations relay team who has not qualified in their own right to compete in an event at the championships may compete, upon entry and payment of the individual entry fee (\$20) in the normal way, in the 100m individual event (if in the 4x100m state relay team) or 400m individual event (if in the 4x400m state relay team) only in his/her own age group, without the need to have qualified.

**When entering such athletes, please place an asterisk ( \* ) after the last letter of their surname in order to indicate that they are entered under this rule.**

## 2. ENTRY RULES (*Athletics Australia Member Associations only*)

The entry rules are GUIDELINES for use by each Member Association. Each Member Association will be the sole selector of their team; no entries will be taken directly by Athletics Australia (other than international entries).

As there are significant differences in competition structures, transition strategies and cross-organisational relationships in each state or territory, Athletics Australia has created flexibility into these selection guidelines specifically to support local priorities.

A Member Association **must not** select athletes that fall outside the qualification guide lines, however they **may choose not to select** individuals or to impose additional requirements on an athlete in order to best support local objectives.

Some examples:

- A Member Association must not select an athlete that has not met the requirements of either rule (1) Entry via Achieving Entry Standard or by rule (2) Entry via Place at Championships.
- A Member Association may choose to not select an athlete who has qualified via place (on the grounds that the athlete is currently well below an appropriate standard)
- A Member Association may chose to impose additional qualification requirements.

### Entry Guidelines – Australian Junior Athletics Championships 2011

#### *Rule (1) Entry via Achieving Entry Standard*

- a. Any athlete who achieves the entry standard (s) as set out in the Athletics Australia Entry Standards Document (Appendix 1) within the qualifying period is automatically qualified for the Championships.
- b. An athlete must achieve the standard with the correct implement weight or hurdle height.
- c. Performances can be achieved at a wide range of events, including those organised by State Associations, athletics clubs and school sport competitions. We will also allow for the U14 age group performances from designated Little Athletics competitions (details in Appendix 2) or primary school sport competitions at regional or state championships level.
- d. A Member Association must select the competitions at which an entry standard may be achieved. A list of recognised competitions should be available on each Member Association website.

- e. Hand times, with appropriate correction (details included with entry standards,) are accepted. Wind readings may be up to 4 m/s.
- f. Beam (or Gate) times are considered hand times

*Rule (II) Entry via Place at Championships*

- g. Any athlete who places in the first three at their home State Championships is automatically qualified for the National Championships. This can be at either the State All Schools Championships held before Christmas or at the State Championships conducted by Member Associations post Christmas.
  - h. In the application of this rule it will apply to the first 3 athletes from the home state.
  - i. For All Schools the home state will be defined by the school attended.
  - j. For State Championships the home state will be defined by the first claim registration status of the athlete.
  - k. In the case of the All Schools (pre Christmas) athletes will automatically qualify up; that is to say the first three in the 2010 State All Schools U15 100 metres would be qualified for the 2010 U16 100 metres. For athletes in events where the implement weight or hurdle height changes post 1 January, the "Entry by Place" rule still applies.
2. Athletes must be registered members of a Member Association of Athletics Australia or be eligible under IAAF rules to represent a member country of the IAAF before entry into the event.
  3. All athletes must have competed at least once in a competition sanctioned and conducted by a Member Association. (As selectors, Member Associations may apply discretion to this rule – based on injury, illness or geographical isolation. A list of qualifying competitions available for athletes will be made available by State Associations on their web site.
  4. All athletes will be representing their State or Territory and only attend via Member Association state teams. Entries will be taken via Member Associations, including the U20 age group. No Australian athlete will be accepted directly by Athletics Australia.
  5. The Member Associations are the team selectors and may, at their discretion, and after due consultation with Athletics Australia, impose additional criteria if required to support local strategies.
  6. Athletes may only enter events in a maximum of two age groups. No athlete may enter the same or similar events within (U15 and U16) or (U17 and U18) age groups.
  7. No U14 athlete will be accepted into any Hammer Throw event.

### 3. AGE QUALIFICATIONS

Please ensure that the following is applied when selecting your team and nominating athletes for these championships:

- **Under 14** - athletes must not have their fourteenth birthday on or before 31st December 2011 (ie must be born in **1999 or later**)
- **Under 15** - athletes must not have their fifteenth birthday on or before 31st December 2011 (ie must be born in **1997 or later**)
- **Under 16** - athletes must not have their sixteenth birthday on or before 31st December 2011 (ie must be born in **1996 or later**)
- **Under 17** - athletes must not have their seventeenth birthday on or before 31st December 2011 (ie must be born in **1995 or later**)
- **Under 18** - athletes must not have their eighteenth birthday on or before 31st December 2011 (ie must be born in **1994 or later**)
- **Under 20** - athletes must not have their twentieth birthday on or before 31st December 2011 (ie must be born in **1992 or later**)

#### **PLEASE NOTE:**

**It has also been clarified that athletes MUST turn 12 (attending either Primary or Secondary School) in the year of competition in order to compete in these Championships.**

### 4. EVENT GROUPS

Athletes may enter in multiple event age groups if an athlete has bettered the relevant entry standard.

**This rule is subject to the following criteria as set out under the following rules:**

Provided an athlete has bettered the relevant entry standard for a higher age group than their own, the athlete may be entered in an individual event for such age group, subject to the following:

- Athletes may only enter events in a maximum of two age groups.
- No athlete may enter the same or similar events within the U15 and U16 age groups.
- No athlete may enter the same or similar events within the U17 and U18 age groups.

**\*\* Same or Similar event** means 80/90/100/110m hurdles; 200/400m hurdles; 3000/5000 metres and 1500/3000/5000m walk and each of the throwing events (regardless of change in weight of implements).

EVENTS - The list of events to be contested in each age group and the relevant specifications are shown on the attachments.

6. For the Australian Junior Athletics Championships, athletes will represent the Member Association with which they have first claim registration.

7. **ELIGIBILITY TO COMPETE IN AUSTRALIAN CHAMPIONSHIPS:** Any athlete who has met the above described entry rules may compete in the Australian Junior Athletics Championships. It is an exclusive requirement for an athlete to be a member of a Member Association or National Federation.

## 8. UNIFORMS

- All **Australian** athletes entered in the Australian Junior Athletics Championships must wear their correct Member Association uniform.
- All **overseas** athletes entered in the Australian Junior Athletics Championships must wear their correct National Federation uniform.

## 9. PROGRAMS

A complimentary program will be provided for each athlete. Programs will be distributed with athlete bib numbers to the Team Manager at the Technical Meeting. Additional programs will be made available for purchase at the venue.

We wish you all the best for a successful 2011 Australian Junior Athletics Championships.

David Gynther  
**Competitions Manager**